



Flatirons Endodontics, LLC

Louisville
850 W South Boulder Rd Ste 201
Louisville, CO 80027
303-665-6120
Westminster
905 W 124th Ave Ste 160
Westminster, CO 80234
303-214-4100

Post-Treatment Care

By saving your tooth with root canal treatment, you have made a significant step towards better oral health. This handout is intended to answer questions you may have about the post-operative period and to give you information on how to preserve the health of your tooth following root canal treatment.

What should I expect following endodontic treatment?

The root canal system inside your tooth has been thoroughly cleaned, and the irritated tissue and bacteria that have caused you to need root canal treatment are gone.

It is normal to feel some tenderness in the area over the next few days to a couple of weeks, as your body undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time. These symptoms are temporary and usually respond very well to the over-the-counter pain medications. It is important for you to follow the instructions on how to take these medications. Remember that narcotic medications, if prescribed may make you drowsy, and caution should be exercised in operating dangerous machinery or driving a car after taking them.

Your tooth may continue to feel slightly different from your other teeth for some time after your root canal treatment has been completed. However, if you have severe pain or pressure that lasts more than a few days, contact our staff.

Guidelines for Post-Treatment Care

- Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue.
- Do not chew or bite on the treated tooth until you have had it restored by your dentist.
- Be sure to brush and floss your teeth as you normally would.
- Your tooth was restored with a temporary filling material and it is not unusual for a thin layer to wear off in-between appointments. However if you think the entire filling has come out please contact our staff.
- Contact us right away if you develop any of the following:
 - a visible swelling inside or outside of your mouth;
 - an allergic reaction to medication, including rash, hives or itching (nausea is not an allergic reaction)
 - a return of the original symptoms; or
 - your bite feels uneven

Root canal treatment is only one step in returning your tooth to full function. ***A proper final restoration of the tooth*** is extremely important in ensuring long-term success.

Contact your dentist within two weeks to arrange your next appointment. If the tooth is being treated in more than one visit, do not return to your dentist for the final restoration until the root canal treatment is completed.

What the Future Holds

The tooth that has had appropriate endodontic treatment followed by a proper restoration can last as long as your other natural teeth. After the tooth has been restored, you need only practice good oral hygiene, including brushing, flossing, regular checkups and cleanings.

Your dentist or endodontist may periodically x-ray the tooth to ensure that the healing has occurred. Occasionally, a tooth that has undergone endodontic treatment does not heal or pain continues. At times, the tooth may become painful or diseased months or even years after successful treatment. Often when this occurs, repeating the endodontic procedure usually can save the tooth.